



E-mail: info@alsaraclinic.com

Fax: 816.558.6544

Phone: 816.396.0245

Web: MyVeinDoc.com

Referring Provider Name

Date

Patient Name

DOB

Patient Phone

Patient Address

City

State

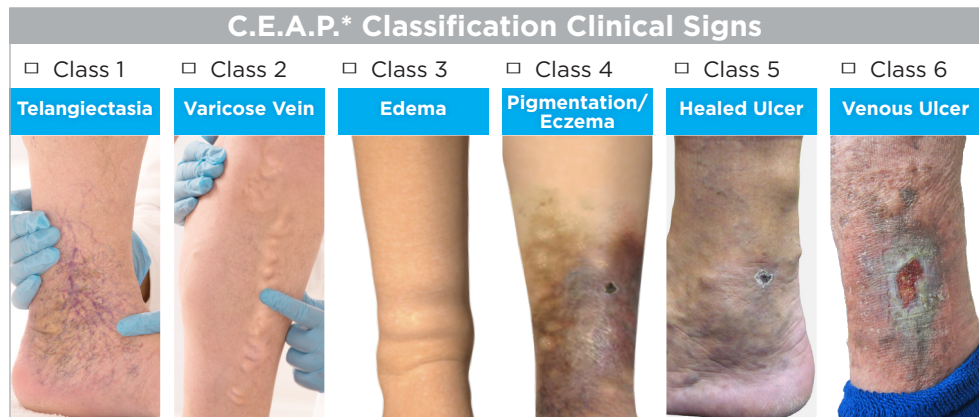
ZIP Code

Symptoms in leg(s):

- Pain
- Itching
- Cramping
- Aching
- Burning
- Restlessness
- Tiredness
- Heaviness
- Numbness
- Blood Clots
- Swelling
- Neuropathy

Signs:

- Visible Veins
- Bruising
- Edema
- Skin Discoloration
- Cellulitis
- Ulcer
- Bleeding



* Clinical. Etiologic. Anatomic. Pathophysiologic.

HPI/Notes:

Assessment:

ICD 10	Description	ICD 10	Description
<input type="checkbox"/> I83.891	Varicose Veins of right lower extremity with other complications	<input type="checkbox"/> G25.81	Restless Leg Syndrome
<input type="checkbox"/> I83.892	Varicose Veins of left lower extremity with other complications	<input type="checkbox"/> M79.604	Pain in right leg
<input type="checkbox"/> I87.2	Venous insufficiency (chronic) peripheral	<input type="checkbox"/> M79.605	Pain in left leg
<input type="checkbox"/> I87.319	Chronic Venous Hypertension (idiopathic) with ulcer of unspecified lower extremity	<input type="checkbox"/> L95.9	Vasculitis limited to the skin, unspecified
<input type="checkbox"/> I82.XXX	Thrombosis (see reverse for details)	<input type="checkbox"/> R60.0	Localized edema

Recommendation/Plan:

- Consultation with Vein Specialist
- Evaluate and manage suspected thrombosis
- Graduated Compression Stockings
(please see classification and indications on reverse)

ICD 10	Description	ICD 10	Description
□ 182.811	Embolism and thrombosis of superficial veins of right lower extremities	□ 183.013	Varicose veins of lower extremity with ulcer of ankle
□ 182.812	Embolism and thrombosis of superficial veins of left lower extremities	□ 183.014	Varicose veins of lower extremity with ulcer of heel and midfoot
□ 182.813	Embolism and thrombosis of superficial veins of lower extremities, bilateral	□ 183.015	Varicose veins of lower extremity with ulcer other part of foot
□ 183.001	Varicose veins of unspecified lower extremity with ulcer of thigh	□ 183.018	Varicose veins of lower extremity with ulcer other part of lower leg
□ 183.002	Varicose veins of unspecified lower extremity with ulcer of calf	□ 183.021	Varicose veins of lower extremity with ulcer of thigh
□ 183.003	Varicose veins of unspecified lower extremity with ulcer of ankle	□ 183.022	Varicose veins of lower extremity with ulcer of calf
□ 183.004	Varicose veins of unspecified lower extremity with ulcer of heel and midfoot	□ 183.023	Varicose veins of lower extremity with ulcer of ankle
□ 183.005	Varicose veins of unspecified lower extremity with ulcer other part of foot	□ 183.024	Varicose veins of lower extremity with ulcer of heel and midfoot
□ 183.008	Varicose veins of unspecified lower extremity with ulcer other part of lower leg	□ 183.025	Varicose veins of lower extremity with ulcer other part of foot
□ 183.011	Varicose veins of lower extremity with ulcer of thigh	□ 183.028	Varicose veins of lower extremity with ulcer other part of lower leg
□ 183.012	Varicose veins of lower extremity with ulcer of calf	□ 182.409	Acute embolism and thrombosis of unspecified deep veins of unspecified lower extremity

Graduated Compression Stockings Classification and Indications*		
Class	Pressure	Indications for Use
(OTC)	15-20 mmHg	Varicose and spider veins, mild edema DVT prevention
(OTC/Rx) Medical Grade Class I	20-30 mmHg	Moderate varicose veins, mild edema Prevention of venous-ulcer recurrence
(Rx) Medical Grade Class II	30-40 mmHg	Severe varicose veins Prevention and treatment of venous ulcers Lymphedema Postthrombotic Syndrome (PTS) Chronic Venous Insufficiency (CVI)

Commonly Used

Almost all insurance carriers, including Medicare and Medicaid, offer coverage for treatment of symptomatic varicose veins.

Most carriers require a trial of conservative therapy for 3 months. Conservative measures include use of Graduated Compression Stockings (20-30 mmHg or 30-40 mm Hg), periodic elevation of legs, use of analgesics and weight loss if possible.

Waist-high (panty hose), thigh-high, or knee-high are all acceptable.

*Type and level of compression is patient-specific. Patient considerations include arterial status and ability to tolerate and put on stockings.



ALSARA
VEIN CLINIC

Phone 816.396.0245
Toll-Free 844.425.7272
Fax 816.558.6544
E-mail info@alsaraclinic.com

Address
 Alsara Vein Clinic
 1105 S Belt Highway
 St. Joseph, MO 64507

Hours
 Monday: 8:00am-5:00pm
 Tuesday: 8:00am-5:00pm
 Wednesday: 8:00am-5:00pm
 Thursday: 8:00am-5:00pm
 Friday: Closed



Directions

- From North** I-29 S/US-71 S, take Exit 46B to US-36 W, exit US-169 N, travel 0.9 miles, destination is on right after Penn St.
- From South** I-29 N/US-71 N, take Exit 46B to US-36 W, exit US-169 N, travel 0.9 miles, destination is on right after Penn St.
- From East** US-36 W, take Exit US-169 N, travel 0.9 miles, destination is on right after Penn St.
- From West** US-36 E, take Exit US-169 N and go left, travel 0.9 miles, destination is on right after Penn St.